

NYLD LEADERSHIP DAY

Lianna Selle

NATIONAL YOUNG LEADER'S DAY

- The day is to inspire & influence young people to lead themselves and others well.
- Young students from primary school and high schools from all over the state came to listen to the speakers.



ANASTASIA WOOLMER:

AUSTRALIAN MEMORY CHAMPION AND
INSPIRATIONAL FIGURE



ANASTASIA'S JOURNEY FROM ORDINARY INDIVIDUAL TO EXTRAORDINARY ACHIEVER.

- Anastasia struggled in school but eventually learned to work on her memory
- Anastasia believes to get the most out of life it's important to focus on both physical and mental fitness. Just like our bodies our memory can be vastly improved with techniques and training.



WHY SHE IS INSPIRATIONAL

- Becoming the first woman to be *Australian Memory Champion*
- Take control of her life

MY REFLECTION OF THE EXCURSION

Going to the National Young Leaders Day was really important for me. I got to hear from some amazing speakers and learn a lot about leadership. It made me feel like I can do anything if I work hard enough. I met other students who care about making a difference like I do which was good. I also seen my old primary school there and felt good seeing how much I've grown. Now I feel more confident about being a leader in my school and community.